

| SN | NAME | VORNAME | JJ | VEREIN | ZEIT | HK | M30 | M35 | M40 | M45 | M50 | M55 | M60 |
|-----|-------------|-----------|----|----------------------|---------|----|-----|-----|-----|-----|-----|-----|-----|
| 175 | REEH | UDO | 57 | TSV OBERAMMERGAU | 1:18:33 | 1 | | | | | | | |
| 250 | MUENZEL | WOLFGANG | 52 | LG KARLSTADT | 1:19:10 | 2 | 1 | | | | | | |
| 309 | MUEHLBERG | RAINER | 55 | SKV EGLOSHEIM | 1:20:11 | 3 | 2 | | | | | | |
| 241 | NEUWIRTH | GOTTFRIED | 59 | ULC WEINLAND | 1:20:16 | 4 | | | | | | | |
| 272 | SCHMITT | OTMAR | 57 | SG ROEDENTAL | 1:22:24 | 5 | | | | | | | |
| 242 | WACHLER | SIEGFRIED | 52 | LG PASSAU | 1:22:31 | 6 | 3 | | | | | | |
| 274 | THOMANN | WOLFGANG | 53 | SG ROEDENTAL | 1:22:45 | 7 | 4 | | | | | | |
| 022 | SCHWARZ | GUENTHER | 60 | TSV HOECHSTADT MFR | 1:22:57 | 8 | | | | | | | |
| 280 | KURHANDNER | DETLEF | 49 | VFL OSTELSHEIM | 1:23:02 | 9 | 1 | | | | | | |
| 080 | HAEBER | HARTMUT | 50 | LC FRANKEN MFR | 1:23:13 | 10 | 2 | | | | | | |
| 324 | ERTL | FRANZ | 53 | LAG MITTLERE ISAR | 1:23:15 | 11 | 5 | | | | | | |
| 230 | ESTENFELDER | MANFRED | 43 | LG NUERNBERG MFR | 1:24:47 | 12 | | 1 | | | | | |
| 126 | DOEHLA | HARALD | 51 | LG BAMBERG | 1:25:44 | 13 | 6 | | | | | | |
| 251 | SCHNEIDER | HUBERT | 59 | LG KARLSTADT | 1:26:05 | 14 | | | | | | | |
| 128 | DITTERICH | HANS | 50 | LG BAMBERG | 1:26:18 | 15 | 3 | | | | | | |
| 275 | OPPEL | HEINZ | 55 | SG ROEDENTAL | 1:26:29 | 16 | 7 | | | | | | |
| 257 | EICHHORN | BERND | 58 | LG BRAUNSCHWEIG | 1:26:35 | 17 | | | | | | | |
| 205 | KECK | ERNST | 41 | TSV DETAG WERNBERG | 1:26:41 | 18 | | 2 | | | | | |
| 125 | KOSTULSKI | MATHIAS | 51 | LG BAMBERG | 1:26:45 | 19 | 8 | | | | | | |
| 200 | RODRIGUEZ | FRANCESCO | 55 | TSV MUENCHEN OST | 1:26:51 | 20 | 9 | | | | | | |
| 155 | PFENNING | DIETER | 44 | LG HOF | 1:26:56 | 21 | | | 3 | | | | |
| 136 | CICOGNA | ENZO | 38 | LG BAMBERG | 1:26:59 | 22 | | | | 1 | | | |
| 244 | MEDER | WALTER | 43 | LG PASSAU | 1:27:02 | 23 | | | | | | | |
| 337 | REISE | BJOERN | 56 | TG WEHLHEIDEN | 1:27:12 | 24 | | | 4 | | | | |
| 110 | RUCHT | WALTER | 57 | TG VIKTORIA AUGSBURG | 1:27:26 | 25 | | | | | | | |
| 243 | HOFFMANN | WERNER | 41 | LG PASSAU | 1:27:38 | 26 | | | | | | | |
| 127 | ECKENWEBER | RUDI | 50 | LG BAMBERG | 1:27:51 | 27 | | | | | | | |
| 252 | ZOERRLEIN | THOMAS | 62 | LG KARLSTADT | 1:27:58 | 28 | | | | | | | |
| 049 | KUNSTMANN | RUDOLF | 53 | LG ERLANGEN MFR | 1:28:00 | 29 | 10 | | | | | | |
| 141 | GOELLER | GREGOR | 52 | SC VORRA | 1:28:02 | 30 | 11 | | | | | | |
| 152 | WEHNER | WILLI | 58 | LG HOF | 1:28:03 | 31 | | | | | | | |
| 226 | KREEUZ | HEINZ | 55 | SC ROTH MFR | 1:28:11 | 32 | 12 | | | | | | |
| 086 | PARK | JAMES | 42 | LC FRANKEN MFR | 1:28:15 | 33 | | | | | | | |
| 301 | HANSENN | GERALD | 55 | LAG MITTLERE ISAR | 1:28:20 | 34 | 13 | | | | | | |
| 143 | OBERMAIER | ROBERT | 57 | TSV MUENCHEN OST | 1:28:22 | 35 | | | | | | | |
| 004 | NEUDECK | KARLHEINZ | 50 | LG NUERNBERG MFR | 1:28:23 | 36 | | 5 | | | | | |
| 238 | WARMOWSKI | JIM | 58 | USA | 1:28:29 | 37 | | | | | | | |
| 027 | RENKER | ALFONS | 47 | TSV HOECHSTADT MFR | 1:28:30 | 38 | | | | | | | |
| 104 | KLINKOV | MARIO | 52 | ASV SALZBURG | 1:28:43 | 39 | | | | | | | |
| 070 | BORDELL | MICHAEL | 56 | LC FRANKEN MFR | 1:28:47 | 40 | 14 | | | | | | |

| SN | NAME | VORNAME | J | VEREIN | ZEIT | HK | M30 | M35 | M40 | M45 | M50 | M55 | M60 |
|-----|--------------|-----------|----|-------------------------|---------|-----|-----|-----|-----|-----|-----|-----|-----|
| 216 | WIESE | HEINO | 47 | TSV BURGHASLACH MFR | 1:37:10 | 121 | | 15 | | | | | |
| 184 | BOESL | ERWIN | 67 | SV PARKSTEIN | 1:37:15 | 122 | | | | | | 2 | |
| 189 | TRAUMANN | GUENTHER | 30 | LG DONAU-RIES | 1:37:27 | 123 | | | | | | | |
| 263 | BUCHHOLTZ | ROLF | 41 | LG BRAUNSCHWEIG | 1:37:40 | 124 | | | | | | | |
| 017 | FRANK | HELMUT | 39 | LG NUERNBERG MFR | 1:37:52 | 125 | | | 26 | 12 | | | |
| 005 | ROTH | LUDWIG | 49 | LG NUERNBERG MFR | 1:38:00 | 126 | | 16 | | | | | |
| 095 | STIERHOF | LEO | 39 | LG REGENSBURG | 1:38:15 | 127 | | | | 13 | | | |
| 142 | MUELLER | WILHELM | 30 | SC GROEBENZELL | 1:38:16 | 128 | | | | | | 3 | |
| 014 | BOEHM | HERBERT | 37 | LG NUERNBERG MFR | 1:38:18 | 129 | | | | 14 | | | |
| 039 | SCHREITER | HEINZ | 43 | SC ROTH MFR | 1:38:24 | 130 | | 27 | | | | | |
| 108 | MAYER | REINHARD | 59 | ASV SALZBURG | 1:38:35 | 131 | | | | | | | |
| 051 | GLASER | FRIEDRICH | 54 | LG ERLANGEN MFR | 1:38:41 | 132 | 26 | | | | | | |
| 235 | GERHARDT | KURT | 52 | OV ZIRNDORF MFR | 1:38:42 | 133 | 27 | | | | | | |
| 098 | SCHREML | HEINER | 37 | LLC MARATHON REGENSBURG | 1:38:45 | 134 | | | | 15 | | | |
| 092 | ZOSEL | FELIX | 68 | LC FRANKEN MFR | 1:38:47 | 135 | | | | | | | |
| 270 | LANDSMANN | MAX | 33 | LG FORCHHEIM | 1:38:51 | 136 | | | | | 3 | | |
| 117 | DOBRIJEVIC | DJURO | 44 | TSV RODESGRUEN | 1:38:51 | 137 | | | 28 | | | | |
| 065 | REGLER | HANS | 55 | OV NUERNBERG MFR | 1:38:52 | 138 | | | | | | | |
| 325 | DAUBER | ROLF | 35 | VFB COBURG | 1:38:56 | 139 | | | | | 4 | | |
| 002 | STENGER | DENIS | 52 | LG NUERNBERG MFR | 1:38:57 | 140 | | | | 16 | | | |
| 162 | WILKEN | GERHARD | 39 | MTV INGOLSTADT | 1:38:58 | 141 | | | | | | | |
| 105 | WINKLER | GERHARD | 49 | ASV SALZBURG | 1:38:59 | 142 | | | | | | | |
| 020 | KESTEL | JOSEF | 48 | LG NUERNBERG MFR | 1:39:01 | 143 | | | | | | | |
| 038 | STEIB | EUGEN | 41 | SC ROTH MFR | 1:39:01 | 144 | | 17 | | | | | |
| 221 | SANDER | REINHARD | 45 | LG ECKENTAL MFR | 1:39:08 | 145 | | 18 | | | | | |
| 052 | SCHERZER | JUERGEN | 55 | LG ERLANGEN MFR | 1:39:15 | 146 | | | | | | | |
| 317 | FRIEDRICH | HELMUT | 55 | LG HERSBRUCKER ALB MFR | 1:39:19 | 147 | | | | | | | |
| 008 | FURCH | BERND | 41 | LG NUERNBERG MFR | 1:39:28 | 148 | | 29 | | | | | |
| 298 | PFISTER | ERHARD | 56 | TG KITZINGEN | 1:39:31 | 149 | | 30 | | | | | |
| 024 | SCHECKENBACH | RAINER | 55 | TSV HOECHSTADT MFR | 1:39:35 | 150 | | | | | | | |
| 268 | HILTL | LUDWIG | 38 | LG FORCHHEIM | 1:39:43 | 151 | | | | | | | |
| 248 | ZEITLER | ROLAND | 56 | IFL HELMBRECHTS | 1:39:47 | 152 | | | | | | | |
| 074 | WURST | MANFRED | 54 | LC FRANKEN MFR | 1:39:49 | 153 | | | | | | | |
| 111 | STARK | KARL | 32 | TG VIKTORIA AUGSBURG | 1:39:57 | 154 | | | | | | | |
| 060 | WERK | KLAUS | 41 | LG ERLANGEN MFR | 1:39:58 | 155 | | | | | | | |
| 088 | ZOSEL | WALTER | 40 | LC FRANKEN MFR | 1:40:05 | 156 | | | | | | | |
| 339 | HILBERT | GUENTHER | 57 | LG HASSBERGE | 1:40:08 | 157 | | | | | | | |
| 297 | WEYDT | MICHAEL | 58 | TG KITZINGEN | 1:40:10 | 158 | | | | | | | |
| 351 | MOSONYI | ALFRED | 60 | OV NUERNBERG | 1:40:30 | 159 | | | | | | | |
| 327 | GIECK | WOLFGANG | 57 | VFB COBURG | 1:40:34 | 160 | | | | | | | |

 PFRIMMER - CUP

 ERGEBNISLISTE:

 FRAUEN *****

Siegerzeit 1984: Hofmann 1:31:52
 Mittelfränkische Meisterin: Dotzler 1:36:18

| SN | NAME | VORNAME | J | VEREIN | ZEIT | HK | W30 | W35 | W40 | W45 | W50 | W55 | W60 |
|-----|-------------|-----------|----|---------------------------|---------|----|-----|-----|-----|-----|-----|-----|-----|
| 032 | DOTZLER | CHRISTA | 53 | LAC QUELLE FUERTH MFR | 1:36:18 | 1 | 1. | | | | | | |
| 015 | NASKAU | MONIKA | 46 | UNION SALZBURG | 1:39:00 | 2 | | 1. | | | | | |
| 004 | DOELLE | CLAUDIA | 57 | LG ERLANGEN MFR | 1:39:57 | 3 | | | | | | | |
| 020 | KNEFEL | BARBARA | 59 | TSV MUENCHEN OST | 1:42:38 | 4 | | | | | | | |
| 019 | HUTTERER | GABRIELE | 62 | TSV MUENCHEN OST | 1:43:02 | 5 | | | | | | | |
| 021 | APPLER | ROSEMARIE | 49 | TSV MUENCHEN OST | 1:44:43 | 6 | | | | | | | |
| 024 | BACHMANN | GERDA | 37 | TSV ANSBACH MFR | 1:44:44 | 7 | | | | 1. | | | |
| 033 | BARM | MONIKA | 59 | LG ROETHENBACH MFR | 1:49:02 | 8 | | | | | | | |
| 001 | BORDELL | JILL | 60 | LC FRANKEN MFR | 1:49:17 | 9 | | | | | | | |
| 012 | HERZOG | USCHI | 56 | TSV DINKELSBUEHL MFR | 1:51:03 | 10 | | | | | | | |
| 006 | LUXENBURGER | KAROLA | 49 | SC ROTH MFR | 1:52:02 | 11 | 2. | | | 2. | | | |
| 008 | VASOLD | HANNELORE | 36 | SC ROTH MFR | 1:52:10 | 12 | | | | | | | |
| 011 | SUSSNER | INGE | 43 | LG NUERNBERG MFR | 1:53:04 | 13 | | | | | | | |
| 023 | HOHMANN | CHRISTEL | 41 | LG FRANKEN MFR | 1:55:09 | 14 | | | | | | | |
| 003 | ZOSEL | CILLA | 44 | LC FRANKEN MFR | 1:55:48 | 15 | | | | | | | |
| 025 | NAGEL | INGE | 34 | ATS KULMBACH | 1:56:35 | 16 | | | | | | | |
| 009 | RUSER | MARGRET | 47 | LG NUERNBERG MFR | 1:56:37 | 17 | | | | | | | |
| 016 | SAJOUZ | ELISABETH | 49 | TSV DETAG WERNBERG | 1:57:05 | 18 | 3. | | | | | | |
| 014 | LUGINGER | ANGELIKA | 49 | TG LANDSHUT | 1:59:34 | 19 | 4. | | | | | | |
| 030 | HENNIG | LENI | 38 | TSV RODESGRUEN | 1:59:43 | 20 | 5. | | | | | | |
| 031 | KAMM | BARBARA | 48 | TSV 1895 BURGFARNBACH MFR | 2:00:11 | 21 | 6. | | | | | | |
| 027 | BOEHM | ULRIKE | 44 | TSV HEMHOFEN | 2:04:17 | 22 | | | | | | | |
| 002 | MIEDERER | RENATE | 42 | LC FRANKEN MFR | 2:04:39 | 23 | | | | | | | |
| 010 | KRAFT | MARGA | 41 | LG NUERNBERG MFR | 2:07:27 | 24 | | | | | | | |
| 007 | WALTER | BETTI | 42 | SC ROTH MFR | 2:11:03 | 25 | | | | | | | |
| 005 | BURKHARDT | MONIKA | 40 | LG ERLANGEN MFR | 2:11:33 | 26 | | | | | | | |
| 029 | PIETROPAOLO | MARIANN | 63 | PSV KONSTANZ | 2:16:04 | 27 | | | | | | | |
| 017 | STEPPER | TONI | 42 | TSV HEMHOFEN | 2:23:54 | 28 | | | | | | | |